



Sree Narayana
Institute of Medical Sciences
(SNIMS)

Continuing Medical Education



1. National Conference on STD "ASTICON 2012" at the Institution from 2nd November to 4th November 2012. Travancore Cochin Medical Council accorded 06hrs of credit hours.
2. Society of periodontitis and Impantologists of Kerala organised state Level inauguration of oral Hygiene Day on 2nd August 2012.
3. Half day workshop on "Microteaching " held at SNIMS on 5th July 2012.
4. Workshop on "Practical Training in Community Medicine for undergraduate Medical Students" conducted at SNIMS on 23 April 2012. Representative of 13 medical colleges of Kerala Participated.
5. Essay competition and observation of "National Education Day" held on 10th to 12th November 2012
6. Health Education programme and public meeting on 24th March 2012 for World TB day.
7. Health Education Programs on 'Depression Global crisis ' during world Psychiatry week- 1st October 2012.
8. "Life style Diseases" - An emerging issue organized along with Morning Star Home Sciences College on 16th & 17th August 2012.
9. Workshop on "Basic Biostatistics" on 2nd December 2012 by two invited faculty from Christian Medical College Vellore.

SUMMARY OF ACADEMIC CLINICAL, CLINICO PATHOLOGICAL MEETING

Sl. No	Date	Topic	Speaker	Chair Person
1	5/1/2012	Medical Ethics	Dr. Philip Thomas, Asst.Prof,G.Medicine	Dr.P.J.Vincent, Medical Supdt.
2	12/1/2012	Clinico - Patho Mortality Meeting	Dr. Prasad K, Asso.Prof-G. Surgery	Dr.Mohan Zacharia, Asso.Prof.G.Medicine
3	19/1/2012	Interesting Case Presentation	Dr. Vivek.R, Asst.Prof. Emergency Medicine	
4	2/2/2012	Leprosy In Detail	Dr.A.D.Dharmaratnam Prof. &HOD Dermatology	Dr. Asok Thomas Mathai, Asst. Prof. Dermatology
5	16/2/2012	Dealing with Resistant Shoulder Pain& an uncommon way of managing a common Wrist Problem	Dr. Joe Paul& Dr. Sujith Assistant Professors, Orthopedics	Dr. Kunjamma George, Prof. & HOD General Medicine
6	23/2/2012	Alcoholism- Facts an average malayali doctor should know	Dr. Anoop Vincent, Asst. Prof- Psychiatry	Dr. Sahajanathan, Asst.Prof- G. Medicine
7	1/3/2012	Ageing and Health	Dr. Saritha Susan, Community Medicine	Dr. Raju Antony, Prof.&HOD Commu. Medicine
8	15/3/2012	Human Milk Banking	Dr. Joseph John, Asso.Prof-Paediatics	Dr. Georgy Joy Eralil, Asst. Prof-OBG
10	22/3/2012	Cochlear Implantation - SNIMS experience	Dr. Pramod C, Asst. Prof-ENT	
11	29/3/2012	A Puff to Pop Off	Dr. Seema K, Asst.Prof- Chest& TB	Dr. Raju Antony, Prof.&HOD Commu. Medicine
12	12/4/2012	An Interesting case presentation	Dr. Vivek R, Asst. Prof. Emergency Medicine	Dr.Mohan Zacharia, Asso.Prof.G.Medicine
13	19/4/2012	Grey Zone Leision in Thyroid Pathology	Dr. Sasikanth Adalka, Asst.Prof-Pathology	Dr. Prasad K, Asso.Prof-G. Surgery
14	26/4/2012	Border Line Ovarian Tumors	Dr. Ambika Bai, Prof.&HOD-OBG	Dr. Sumangala, Prof.& HOD Pathology
15	3/5/2012	Recent Trends in the Management of Rabies	Dr.Joe Thomas, Asso. Professor Commu. Medicine	Dr. Mary Franklin, Prof.& HOD Paediatics
16	10/5/2012	The Problem of Antibiotic Resistance	Dr. Anoop Sinha, Asso.Prof-Microbiology	Dr. Satish G Prabhu, Prof.& HOD, G. Surgery
17	16/5/2012	Lymph Cyst- Case discussion An unusual presentation of a common Tumor	Dr. Isaac George, Dr. Satish Prabhu, Dr. Santhosh, Dr.Prasad,	Dr. Joseph John, Asso.Prof-Paediatics
18	31/5/2012	COPD	Dr. Nikhilesh &Dr. Kunjamma George, General	Dr. Seema K, Asst.Prof- Chest& TB

			Medicine	
19	7/6/2012	Surgical Audit	Dr. Balamurali, Asst. Prof- G. Surgery	Dr. Prasad K, Asso.Prof-G. Surgery
20	14/6/2012	What Mind does not know, Eyes Won't see	Dr.A.D.Dharmaratnam Prof. &HOD Dermatology	Dr. Raju Antony, Prof.&HOD Commu. Medicine
21	21/6/2012	Childhood Stroke Syndrome	Dr. Mary Franklin, Prof& HOD-Paediatics	Dr.Mohan Zacharia, Asso.Prof.G.Medicine
22	28/6/2012	Shoulder Arthroscopy	Dr. Prathap Kumar, Asst.Prof-Orthopedics	Dr. Balamurali, Asst. Prof- G. Surgery
23	5/7/2012	Microteaching	Dr. Suchanda Sahu, Prof.& HOD, Dr.Seema L, Asso.Prof. Biochemistry Dr.Saritha Susan, Community Medicine	
24	12/7/2012	Middle Ear Audit at SNIMS	Dr. Nisha Vijayan, SR Dr. Pramod C,Asst.Prof. ENT	
25	19/7/2012	Seizures without Epilepsy	Dr. Anoop Vincent, Asst.Prof-Psychiatry	Dr. Bindhu M, Asst.Prof-Paediatics
26	26/7/2012	Research Methodology	Dr. Kumary Indira K S, Prof.& HOD- Chest &TB	Dr. Raju Antony, Prof.&HOD Commu. Medicine
27	9/8/2012	Problem in Breast Feeding	Dr. Joseph John, Asso.Prof-Paediatics	Dr. Praveen B K, S. Resident-Paediatics
28	16/8/2012	Hydatiform mole	Dr. Rajesh Panicker, Asst. Professor.-OBG	Dr. Surnangala, Prof.& HOD-Pathology
29	23/8/2012	Latest updates in Sepsis Management	Dr. Dore P A, Asst. Prof- Anesthesiology	Dr. Kunjamma George, Prof. & HOD- G. Medicine
30	6/9/2012	Anemia Diagnostic Approach	Dr. Swapna M, Asst. Prof-Pathology	Dr. Rakesh Pulichikkat, Asst. Prof- G. Medicine
31	13/9/2012	HINI	Dr. Joe Thomas, Asso.Professor Community Medicine	Dr. Raju Antony, Prof.&HOD Commu. Medicine
32	20/9/2012	Interpretation of Antibiotic Sensitivity	Dr.Anoop Sinha, Asso.Prof- Microbiology	Dr. Rakesh K, Asst. Prof-G. Medicine
33	27/9/2012	Non Alcoholic Fatty Liver disease	Dr. Kunjamma George, Prof. & HOD- G. Medicine	Dr. Satish G Prabhu, Prof.& HOD, G. Surgery
34	4/9/2012	Deadly Cocktail	Dr. Prasad K, Asso.Prof-G. Surgery	Dr. A. Ramachandran, Professor & HOD Forensic Medicine
35	11/10/2012	Pemphigus Vulgaris "Dermacological Emergency"	Dr. Asok Thomas Mathai, Asst. Prof- Dermatology	Dr. Nikhil Suraj, Asst. Prof-G. Medicine
36	1/11/2012	Phenotypes in Paediatric Asthma	Dr. Joseph John, Asso.Prof-Paediatics	Dr. Seema K, Asst.Prof- Chest& TB

37	8/11/2012	Life style disorder in Public Health Perspective	Dr. Raju Antony, Prof.&HOD Commu. Medicine	Dr. Kunjamma George, Prof. & HOD General Medicine
38	15/11/2012	Current concepts in management of Diabetes Mellitus	Dr. Tom Babu , Endocrinologist & Medical Director Silver line Hospital	Dr. Kunjamma George, Prof. & HOD General Medicine
39	22/11/2012	To Err is Human- (An overview of Medical errors)	Dr. Mahesh Kumar, Assistant Professor, Orthopedics	Dr. Mohanan K.R, Prof. & HOD, Orthopedics
40	29/11/2012	Approach to a patient with Headache	Dr. Monika Sharma, Assistant Professor-ENT	Dr. Mary franklin, Professor & HOD, Paediatrics
41	6/12/2012	"Hormone Replacement Therapy in Menopause" New concepts	Dr. Divya Jose, Assistant Professor, OBG	Dr. P.G Ambika Bai, Professor &HOD, OBG
42	13/12/2012	Pulmonary Tuberculosis Sensitization	Dr. Seema K, Assistant Professor, Chest & TB	
43	20/12/2012	CT changes on Mobile Driving "Scientific approach to safe driving"	Dr. Rajeev , Consultant Gastroenterologist Sunrise Hospital	
44	3/1/2013	Fluorosis in Kerala	Dr. Gopalakrishnan, Associate Professor, Preventive Medicine	Dr. Nidhi Assistant Professor, Dentistry
45	17/1/2013	OPC Evidence based facts	Dr. Boney Cheriyan, Assistant Professor Emergency Medicine	Dr. Rakesh Assistant Professor Gen. Medicine
46	24/1/2013	Sarcoidosis Co-existent with endobronchial carcinoid	Dr. Magdalene Asso. Professor Pathology	Dr. Kumari Indira Professor & HOD Pulmonary Medicine

ASTICON 2012

Nov 2nd to 4th 2012

The Department of Dermatology Venereology and Leprology in association with the medical education and technology unit conducted a national conference of sexually transmitted diseases and HIV under the leadership of Dr A D Dharmarathnam. This was the 36th National conference of Indian Association for the Study of Sexually Transmitted Diseases & AIDS (IASSTD & AIDS) was conducted from November 2nd - 4th, 2012 at the Sree Narayana Institute of Medical Sciences, Ernakulam, Kerala. Speakers of repute from all institutes of national importance graced and spoke at the conference. The scientific programme is attached.

Scientific Programme

Friday, 02 NOV 2012			
Continuing Medical Education - Past, Present And Future of STD & AIDS			
Time	Topic	Speaker/Participants	Chairperson
STD PANORAMA			
9:00 – 9:15 AM	Unusual manifestations of STDs	Dr. K Pavithran, Prof Emeritus, Former Prof & HOD Derm & Venereology, Calicut Medical College & Sr Consultant, Derm & Venereology MIMS, Kozhikode	Dr K Robins, Prof (Derm & Venereology), Academy of Medical Sciences, Pariyaram, Kannur
9:15 - 9:30 AM	STD's then and now	Dr Rachel Mathai, Former Prof & HOD Derm & Venereology, Christian Medical College, Vellore	
9:30 – 9:45 AM	Hurdles in STD practice	Dr N Usman, WHO Consultant (Venereology), Chairman, Technical Resource Group (STD), NACO	
9:45 – 10:00 AM	Preventive strategies for STDs - a different perspective	Dr Bhushan Kumar, Former Prof & HOD Derm & Venereology, PGIMER, Chandigarh	
10:00 – 10:15 AM		Discussion	
HIV: EXPERT VIEWPOINTS 1			
10:15 - 10:30 AM	STD and HIV – a physician's perspective	Dr R N Sharma, Prof & HOD Medicine, AIMS, Ernakulam	Dr Kunjamma George, Prof & HOD Medicine, SNIMS, Ernakulam
10:30 - 10:45 AM	IRIS in HIV setting	Col (Dr) Rajesh Verma, Prof & HOD Derm & Venereology, Armed Forces Medical College, Pune	

10:45 – 11:00 AM	Stigma and discrimination towards HIV/AIDS	Dr Raju Antony, Prof & HOD Community Medicine, SNIMS, Ernakulam	
11:00 – 11:15 AM	Primary Neurological involvement in HIV	Dr Anand Kumar, Prof & HOD Neurology, AIMS, Ernakulam	
11:15 – 11:30 PM	Newer approaches to HIV prevention	Dr Ajithkumar K, Addl Prof Derm & Venereology, Thrissur Medical College	
11:30 – 11:45 AM		Discussion	
CAMEO			
11:45 – 12:00 Noon	Unusual sexually transmitted diseases and related genital conditions	Dr P M Abdul Gafoor, Consultant Dermatologist, Indira Gandhi Co-op Hospital, Ernakulam	Dr S Murugan, Former Prof & HOD Venereology, Tirunelveli Medical College & GMKMC, Salem
12:00 – 12:15 PM	Syndromic approach to STD management	Dr K Mahadevan, Prof & HOD Venereology, Coimbatore Medical College Hospital, Coimbatore	
12:15 – 12:30 PM	Disseminated gonococcal infection	Dr MS Sadeep, Prof & HOD, Derm & Venereology, Govt Medical College Hospital, Kottayam	
12:30 – 12:45 PM		Discussion	
12:45– 1:30 PM	LUNCH		
VIRAL STD's			
1:30 – 1:45 PM	Viral infections – lessons from the past	Dr Laxmi V Nair, Former Prof & HOD Derm & Venereology, Calicut Medical College, Professor & HOD (Derm & Venereology), KMCT Medical College, Kozhikode	Dr C Balachandran, Prof & HOD Derm & Venereology, KMC, Manipal
1:45 – 2:00 PM	HPV - today and tomorrow	Dr Somesh Gupta, Assoc Prof Derm & Venereology, AIIMS, New Delhi	
2:00 – 2:15 PM	HPV and HIV	Dr Susanne Pulimood, Prof & HOD Derm & Venereology, Christian Medical College, Vellore	
2:15 – 2:30PM	HSV serology – present day relevance	Dr Rajiv Sridharan, Prof & HOD Derm & Venereology, Academy of Medical Sciences, Pariyaram, Kannur	
2:30 – 2:45PM	Condyloma acuminatum – practical management strategies	Dr Rema Devi TJ, Sr Consultant Derm & Venereology, KIMS Hospital & PRS Hospital, Trivandrum	

2.45 – 3.00 PM	Discussion		
ROVING EYE			
3.00 – 3.15 PM	Sex in geriatric population – A myth or reality?	Dr George Paul, HOD Geriatrics, AIMS, Ernakulam	
PG QUIZ PRELIMS			
3.15 – 4.00 PM	PG Teams from various colleges		Dr Rajesh Sankar, Sr Consultant Derm & Venereology, Cochin Hospital, Ernakulam
END OF FIRST DAY SESSIONS			
VENUE: BLUE WATERS, CHERAI BEACH			
7.00 – 8.00 PM	CULTURAL PROGRAMME		
8.00 – 8.30 PM	CONFERENCE INAUGURATION		
Prayer & Lamp Lighting			
Welcome Address		Dr A D Dharmaratnam, Chairman, ASTICON 2012	
Secretary's Report		Dr P Elangovan, Secretary, IASSTD & AIDS	
Presidential Address		Dr Dinesh C Govil, President, IASSTD & AIDS	
Inauguration & Awards Distribution		Surg R Adm John D'Souza, VSM Command Medical Officer, Headquarters, Southern Naval Command	
Release of Souvenir		Dr Dinesh C Govil	
Vote of Thanks		Dr J Sridhar, Organising Secretary, ASTICON 2012	
8.30 PM Onwards	COCKTAILS & DINNER		
Saturday, 03 NOV 2012 - Conference Day 1			
8.30 AM – 9.30 AM	Dr HC Mohanty PG Quiz Competition	Teams 1, 2, 3, 4 Quizmaster : Dr Rajesh Sankar, Sr Consultant Derm & Venereology, Cochin Hospital, Ernakulam	Dr Rajiv Sridharan, Prof & HOD Derm & Venereology, Academy of Medical Sciences, Pariyaram, Kannur
Time	Topic	Speaker/Participants	Chairperson

ORATIONS 1			
9:30 - 10:00 AM	RV Rajam Endowment Oration – "STDs and Pregnancy: a venereologist's quest"	Dr V K Jain, Prof & HOD Derm & Venereology, Pt BD Sharma PGIMS, Rohtak	Dr B Loganathan, Former Prof & HOD Venereology, Govt Royapettah Hospital & Kilpauk Medical College, Chennai, Sr Consultant Venereologist, Expo Clinic, Chennai
10:00- 10:30 AM	Institute of Venereology Silver Jubilee Oration – "Ethics in HIV – overlooked?"	Dr S Ambujam, Prof & HOD Derm & Venereology, Indira Gandhi Medical College & Research Institute, Puducherry	
EXPERT VIEWPOINTS 2			
10:30 - 10:45 AM	Biochemistry and immunology of HIV	Dr DM Vasudevan, Chairman, Medical Laboratory Services, AIMS, Ernakulam	Dr Bhushan Kumar, Former Prof & HOD Derm & Venereology, PGIMER, Chandigarh
10:45 - 11:00 AM	AIDS and the Heart	Dr N Sudhaya Kumar, Prof Cardiology, AIMS, Ernakulam	
11:00 – 11:15 AM	Neurological complications in HIV	Dr Madhusudan, Prof Neurology, AIMS, Ernakulam	
11:15 – 11:20 AM	Discussion		
HIV THERAPY			
11:20 – 11:35 AM	Management of ART-experienced patients (more than 10yrs)	Dr DG Sable, Prof Derm & Venereology, Director HIV Clinical Research Programme, Human Health Care & Research Foundation	Dr Najeeba Riyaz, Prof & HOD Derm & Venereology, Calicut Medical College
11:35 – 11:50 AM	Monitoring Antiretroviral Therapy	Dr Jayadev Betkerur, Prof & HOD Derm & Venereology, JSS Medical College, Mysore	
11:50 – 12:10 PM	Treat and Cure HIV early Panel discussion on HIV/AIDS	Dr R Sajith Kumar, Chief of Infectious Diseases, Govt Medical College Hospital, Kottayam	
12:10 – 12:45 PM	Moderator: Dr J Sridhar, Consultant Derm & Venereology INHS Sanjivani, Kochi	Dr D G Sable, Dr, R Sajith Kumar, Dr Jayadev Betkerur, Dr Radhakrishnan, Dr G Nandakumar	
12:45 - 1:30 PM	LUNCH BREAK		
1:30 – 2:05 PM	FREE PAPERS SESSION 1		

	Clinicoepidemiological study of STI at rural-based tertiary care centre	Dr Abhishek Pilani	Dr K Shobanakumari, Prof Derm & Venereology, Govt Medical College Hospital, Kottayam
	Adverse reaction to multiple antiretrovirals – is it ?	Dr Neha Sharma	
	Squamous cell carcinoma on a syphilitic gumma: a unique presentation	Dr Rahima Saleem	
	Pseudogranuloma herpeticum	Dr D Pratyusha Kolanuwada	
NON-VIRAL STD'S			
2:05 - 2:20 PM	Follow up of syphilitic cases: a case study	Dr P Elangovan, Prof & HOD Venereology, Govt Royapettah Hospital, Kilpauk Medical College & Hospital, Chennai	Dr Meera Bhagyanathan, Sr Consultant Derm & Venereology, Baby Memorial Hospital, Kozhikode
2:20 - 2:35 PM	Changing trends in syphilis	Dr Kaushal Verma, Prof Derm & Venereology, AIIMS, New Delhi	
2:35 - 2:50 PM	Mycoplasma genitalium – an emerging sexually transmitted pathogen	Dr Sunil Sethi, Addl Prof Medical Microbiology, PGIMER, Chandigarh, Vice Chairman, IUSTI Asia Pacific South Asia Subregion & Nodal officer, RNTCP Accredited Lab	
2:50 - 3:05 PM	Lymphogranulomavenereum – resurgence	Dr G Nandakumar, Addl Professor, Dept of Pathology, Govt Medical College, Trivandrum	
3:05 – 3:20 PM	Discussion		
3:20 - 4:10 PM	FREE PAPERS SESSION 2		
	Whither venereology training in India?	Dr N Asokan	Dr Abdul Samad, Addl Prof Derm & Venereology, Govt Medical College, Trivandrum
	HIV Prevalence among diagnosed MDR-TB patients in Dhaka, Bangladesh	Dr Kashi Kant Jha	
	Throwing some light on dark field microscopy for the diagnosis of syphilis in genital ulcer disease ; a 15- year experience	Dr Sumathi Muralidhar	
	New insights into non-infectious inflammatory dermatoses in HIV	Dr Betsy Ambooken	

infection community	
Community STI survey in turmeric district of Tamil Nadu	Dr R Rajesh
Periodic presumptive treatment – a step backward or forward?	Dr S Sreekanth

END OF SESSIONS DAY 2

VENUE: BOLGATTY PALACE AND ISLAND RESORT

6.30 –
7.30 PM

GENERAL BODY MEETING OF IASSTD & AIDS

7.30 PM
Onwards

CULTURAL PROGRAMME AND DINNER

Sunday, 04 NOV 2012 - Conference Day 2

Time	Topic	Speaker/Participants	Chairperson
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AWARD PAPER SESSIONS

8.30–
9.30
AM

Dr V Govindan Nair Memorial Award Paper Session

All that is genital is not venereal: Unusual cases with lesions on genitals	Dr Shaista Farooqui Kazi	Dr GC Rao, Founder Member & Hon. Treasurer, IASSTD & AIDS, Sr Consultant Venereologist, Chennai
Epidemiological trends in sexually transmitted diseases: a 5 year hospital based study	Dr Remya Raj R	
Disseminated Kaposi sarcoma in HIV and Hepatitis B coinfecting heterosexual male patient	Dr Manoj Agarwala	
Clinico – investigative profile of cervicovaginal discharge in high risk women attending STI clinic in tertiary care hospital	Dr Swapna M	
Asymptomatic neurosyphilis - an underrecognised facet of syphilis of unknown duration	Dr Anju K Balan	
Characteristics of HIV patients who are lost to ART follow up and determine the reason for the same – a study at Davangere, Central Karnataka	Dr Amrita A Hongal	

9:30-10:30 AM	Dr P S Ranganathan Memorial Award Session		
	Ulcerating type 1 lepra reaction mimicking lazarine leprosy: an unusual presentation of immune reconstitution inflammatory syndrome in a human immunodeficiency virus infected patient	Dr Malcolm Pinto	Dr K Muhammad, Addl Prof Derm & Venereology, Calicut Medical College, Kozhikode
	Investigating seasonal variations in gonorrhoea using graphical and ratio-to-moving average methods	Dr Manju Bala	
	Antiretroviral therapy (nevirapine) induced toxic epidermal necrolysis	Dr Veena Thimmappa	
	Emergence of drug resistant Tuberculosis: threat to TB and HIV control Programmes	Dr Badri Thapa	
	Child sexual abuse - a sensitive subject	Dr Aarthi M	
	Study on the prevalence and microbial profile of urethritis among men attending STD Clinic in a tertiary care hospital	Dr Balaji AVM	
	Study profile of male clients of female sex workers (FSWs)	Dr R Ramachandran	
ORATIONS 2			
10:30 - 10:45 AM	Sardari Lal Memorial Award 2012 "Determinants of rapid progression to immunodeficiency syndrome among people infected with human immunodeficiency virus"	Dr TS Anish, Asst Professor, Department of Community Medicine, Government Medical College, Thiruvananthapuram	Dr K Venkateswaran, Assoc Prof Venereology, Institute of Venereology, Chennai
EXPERT VIEWPOINTS 3			
10:45 - 11:00 AM	Current perspectives in STI & HIV prevention	Dr YS Marfatia - Prof & HOD Derm & Venereology, GMC and SSG Hospital, Vadodara	Dr YS Marfatia - Prof & HOD Derm & Venereology, GMC and SSG Hospital, Vadodara
11:00 - 11:15 AM	Medicolegal aspects of STD & AIDS	Dr Uma Dethan, Prof & HOD, Forensic Medicine, AIMS, Ernakulam	
11:15 - 11:40	Thirty years of AIDS - lessons learnt and future challenges	Dr JK Maniar- Consultant in HIV Medicine, Jaslok Hospital & Research Centre, Mumbai	

AM		
11:40 – 11:55 AM	Challenges in Management of HIV-2 infection	Dr JK Maniar- Consultant in HIV Medicine, Jaslok Hospital & Research Centre, Mumbai
11:55 – 12:10 PM	Current status of initiation of ART in HIV infected patients	Dr O C Abraham – Prof Medicine, Christian Medical College, Vellore
12:10 – 12:20 PM	Discussion	
12:20 – 1:00 PM	AWARDS FUNCTION INSTALLATION OF NEW PRESIDENT & OFFICE BEARERS VALEDICTORY FUNCTION	
END OF CONFERENCE		

The photos of ASTICON 2012, Kochi have been uploaded on Picasa Web Albums. They can be accessed by clicking the links below. There are more photos-on-stage of individual Speakers - would be glad to email on request.

Day 1: CME Scientific sessions

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Day 1 afternoon: CME Inauguration by GCT Executive

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Day 1 evening: Conference Inauguration & Banquet (few photos)

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Day 2: Conference scientific sessions

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Day 2 evening: GB Meeting & Banquet

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Day 3: Conference scientific sessions

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AIDS education helps to reduce stigma and discrimination

Our Bureau, Mumbai

HIV and AIDS education for young people plays a vital role in global efforts to end the AIDS epidemic. Despite the fact that HIV transmission can be prevented, each year hundreds of thousands of young people become infected with the virus.

Providing young people with basic AIDS education enables them to protect themselves from becoming infected. Young people are often particularly vulnerable to sexually transmitted HIV, and to HIV infection as a result of drug-use. Acquiring knowledge and skills encourages young people to avoid or reduce behaviours that carry a risk of HIV infection. Even for young people who are not yet engaging in risky behaviours, AIDS education is important for ensuring that they are prepared for situations that will put them at risk as they grow older.

AIDS education also helps to reduce stigma and discrimination, by dispelling false



information that can lead to fear and blame. This is crucial for prevention, as stigma often makes people reluctant to be tested for HIV and individuals that are unaware of their HIV infection are more likely to pass the virus on to others.

The Indian scenario

In India, where young people represent a large proportion of the country's population, an estimated 2.4 million people are living with HIV. In phase II of the country's National AIDS Control Programme, the Adolescent Edu-

Programme (AEP) was launched. The programme aimed to train teachers and peer educators to educate the student community both in and out of school about life skills, HIV prevention and HIV related stigma and discrimination. Under the initiative 112,000 schools were covered and 288,000

teachers were trained.

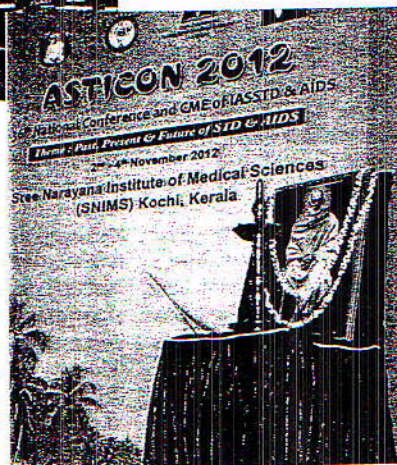
However, there is a discrepancy, between the large amount of effort invested in HIV/AIDS curricula and training packages on a national level, and the lack of actual education being carried out in many schools. In the states of the country where there is a relatively low HIV prevalence, officials

Novel features of the ASTICON 2012 included an All India Essay Competition for Medical (UG & PG) Students on the topic "Removal of social stigma on STD & AIDS" and a STD/ AIDS Quiz for Medical Post Graduates with attractive cash prizes. Informative panel discussions and poster presentations on STD/AIDS were other features that stimulated great interest among the audience. There were two Award Paper Sessions and the best three scientific papers in each session were given awards.

Important papers on HIV/AIDS presented at the conference were "Thirty years of AIDS - lessons learnt and future challenges" by Dr JK Maniar-Consultant in HIV Medicine, Jaslok Hospital & Research Centre, Mumbai; Management of ART-experienced patients of more than 10 yrs by DG Saple, Director HIV Clinical Research Programme, Human Health Care & Research Foundation, Mumbai; "Treat and Cure HIV early" by Dr R Sajith Kumar, Chief of Infectious Diseases, Govt Medical College Hospital, Kottayam and "Current status of initiation of ART in HIV infected patients" by Dr OC Abraham, Professor of Medicine, Christian Medical College, Vellore.

Dr AD Dharmaratnam, organising Chairman of ASTICON in an earlier interview with Pharmabiz had pointed out that India is well on its way to halt and reverse the epidemic in India over the next five years. At the hospital level, there is a high degree of awareness about universal precautions while handling blood and biological fluids. The affordability and widespread free availability of Anti Retroviral Therapy has empowered Indian doctors to manage the disease just like other lifelong diseases such as diabetes.

According to him hospitals should take initiatives to prevent infections through better coverage of high-risk groups with targeted interventions, provide greater care, support and treatment to large number of people living with HIV/AIDS (PLHA) and strengthen the infrastructure, systems and human resources.



have been reluctant to encourage AIDS education, claiming that the problem is not significant enough in these areas to warrant a widespread educational response. In reality, it is crucial that young people learn about AIDS in areas with a low prevalence so that the prevalence stays low.

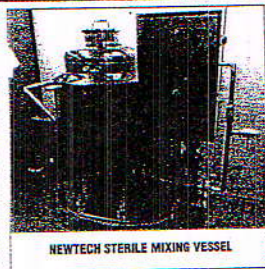
ASTICON 2012

In this context the just-concluded 36th National Conference of Sexually Transmitted Diseases and AIDS (ASTICON 2012) at Kochi with the theme of "Past, present and future of STD's and AIDS" is quite relevant.

With declining numbers of STD and HIV, there is a tendency on the part of the younger generation of medical professionals to overlook them during and after their training. ASTICON 2012 effectively bridged this gap by bringing in senior faculty both to recount their experiences as well as learn about the future projections.

More than 300 doctors from all parts of India and over 40 faculty members who were experts in the field of STD & HIV medicine, general medicine, gynaecology, paediatrics, lab sciences, psychiatry, forensic and sexual medicine participated in the event.

Machineries for Chemical, Bulk Drugs, Pharmaceuticals (Formulations), cosmetics, Food & Allied Industries.



NEWTECH STERILE MIXING VESSEL



NEWTECH SLIDING DOOR STEAM STERILIZER CUM BUNG PROCESSOR



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ASTICON 2012, Kochi

02-04 November 2012

EVENT HIGHLIGHTS

Orations

1. **Institute of Venereology Silver Jubilee Oration** - "Ethics in HIV - Overlooked?" - Dr S Ambujam - Prof & HOD Derm & Venereology, Indira Gandhi Medical College & Research Institute, Puducherry (Chaired by: Dr Loganathan, Former Prof & HOD Venereology, Govt Royapettah Hospital & Kilpauk Medical College, Chennai, Sr Consultant Venereologist, Expo Clinic, Chennai)
2. **RV Rajam Endowment Oration** - "STDs and Pregnancy: a venereologist's quest" - Dr VK Jain - Prof & HOD Derm & Venereology, Pt BD Sharma PGIMS, Rohtak (Chaired by: Dr Loganathan, Former Prof & HOD Venereology, Govt Royapettah Hospital & Kilpauk Medical College, Chennai, Sr Consultant Venereologist, Expo Clinic, Chennai)
3. **Sardari Lal Memorial Award 2012** - "Determinants of rapid progression to immunodeficiency syndrome among people infected with human immunodeficiency virus" - Dr TS Anish, Asst Professor, Department of Community Medicine, Government Medical College, Thiruvananthapuram (Dr K Venkateswaran, Assoc Prof Venereology, Institute of Venereology, Chennai)

Dr HC Mohanty PG Quiz Competition

Quizmaster: Dr Rajesh Sankar, Sr Consultant Derm & Venereology, Cochin Hospital, Ernakulam

Scorer: Dr KB Anuradha, Consultant Derm & Ven, Sunrise Hospital, Ernakulam

Timekeeper: Dr Vinitha V Panicker, Asst Prof Derm & Ven, AIMS, Ernakulam

Chairperson: Dr Rajiv Sridharan, Prof & HOD Derm & Venereology, Academy of Medical Sciences, Pariyaram, Kannur

1. First: Dr Manoj Agarwala, Dr Rahul Sharma, CMC, Vellore (.....points)
2. Second: Dr Shekhar Neema & Dr Ruby Venugopal, AFMC, Pune (.....points)
3. Third: Dr Anju Baby & Dr Lakshmi, Govt Medical College, Kottayam (.....points)

Award Paper Sessions - Winners

1. Dr V Govindan Nair Memorial Award Paper Session

(Chair: Dr GC Rao, Founder Member & Hon. Treasurer, IASSTD & AIDS, Sr Consultant Venereologist, Chennai)

- a. Dr Swapna M, Dept of Microbiology, Stanley Medical College, Chennai - 'Clinico-investigative profile of cervicovaginal discharge in high risk women attending STI clinic in tertiary care hospital'

- b. DrShaistaFarooqui-Kazi, Dept of Derm&Ven, PDDY Patil Hospital, Nerul, Navi Mumbai – ‘All that is genital is not venereal: Unusual cases with lesions on genitals’
- c. DrRemya Raj R, Dept of Derm&Ven, Madras Medical College, Chennai– ‘Epidemiological trends in sexually transmitted diseases: a 5 year hospital based study’

2. Dr PS Ranganathan Memorial Award Session

(Chair: Dr K Muhammad, Addl Prof Derm& Venereology, Calicut Medical College, Kozhikode)

- a. DrBadriThapa, SAARC TB & HIV/AIDS Centre, Kathmandu – ‘Emergence of drug-resistant Tuberculosis: threat to TB and HIV control programmes’
- b. DrBalaji AVM, Dept of Microbiology, Govt Stanley Medical College, Chennai- Study on the prevalence and microbial profile of urethritis among men attending STD Clinic in a tertiary care hospital
- c. DrManjuBala, Apex Regional STD Teaching, Training & Research Centre, VMMC &Safdarjung Hospital, New Delhi – ‘Investigating seasonal variations in gonorrhoea using graphical and ratio- to-moving average methods’

Panel discussion on HIV Therapy

Chairperson & Moderator: Dr TLN Prasad, Technical Expert, NACO

Panelists:

1. Dr DG Saple, Prof Derm& Venereology, Director HIV Clinical Research Programme, Human Health Care & Research Foundation
2. DrJayadevBetkerur, Prof & HOD Derm& Venereology, JSS Medical College, Mysore
3. Dr R Sajith Kumar, Chief of Infectious Diseases, Govt Medical College Hospital, Kottayam

Best Posters

1. First - DrNaseem Khan Afridi, SAARC TB & HIV/ AIDS Centre, Kathmandu - ‘HIV/AIDS in the SAARC Region and efforts to contain it’
2. Second- Dr K Divya, Dept of Derm&Ven, Tirunelveli Medical College– ‘Disseminated cutaneous rhinosporidiosis with genital lesions’
3. Third - DrNidhi Singh Tandon, Dept of Derm&Ven, PDDY Patil Hospital, Nerul, Navi Mumbai - ‘Study of knowledge, attitude and practices of female commercial sex workers’.

All-India STD & AIDS Essay Competition (PG & UG) - Winners

Topic: ‘Removal of stigma on STD & AIDS’

1. PG Results

- a. First - Dr. S Priyadarshini, Tirunelveli Medical College
- b. Second - Dr. Mahim Jain, Nair Hospital & TNMC Mumbai

2. UG Results

- a. First– Miss RSB Manjeera, Katuri Medical College & Hospital, Guntur
- b. Second– Mr Sri Balaji AR, Govt Mohan Kumaramangalam Medical College, Salem

CME Inauguration on 02 Nov 12 (Afternoon)

(Venue: Main Auditorium, SNIMS)

Welcome Address - SurgCmde MJ John, Principal, SNIMS

Felicitation - Dr KR Rajappan, President Emeritus, Gurudeva Charitable Trust

Presidential Address - Mr Rajendra Prasad, President, Gurudeva Charitable Trust

Address by Mr Suresh Bharatan Vice President, Gurudeva Charitable Trust

Address by Mr KD Venugopal, Secretary, Gurudeva Charitable Trust

Address by Mr Pradeep Kumar, Treasurer

Vote of Thanks - Dr AD Dharmaratnam, Chairman, ASTICON 2012

Conference Inauguration on 02 Nov 12 (Evening)

(Venue: Blue Waters, Cherai Beach)

Welcome Address Dr AD Dharmaratnam, Chairman, ASTICON 2012

Secretary's Report Dr P Elangovan, Secretary, IASSTD & AIDS

Presidential Address Dr Dinesh C Govil, President, IASSTD & AIDS

Inauguration &

Awards Distribution SurgRAdm John D'Souza, VSM

Command Medical Officer, HQ Southern Naval Command

Vote of Thanks Dr J Sridhar, Organising Secretary, ASTICON 2012

Banquet Function on 03 Nov 12 (Evening)

(Venue: Bolgatty Island Resort)

Address by Sri KP Dendapani, Advocate General, Kerala State

Address by AD Pradeep Kumar, Editor, Pharma Biz & Noted Author

Release of Souvenir by Dr Dinesh C Govil, President IASSTD & AIDS

Faculty List: CME - 'Past, Present And Future of STD & AIDS'

1. Dr K Pavithran, Prof Emeritus, Former Prof & HOD Derm & Venereology, Calicut Medical College & Sr Consultant, Derm & Venereology MIMS, Kozhikode
2. Dr Rachel Mathai, Former Prof & HOD Derm & Venereology, Christian Medical College, Vellore
3. Dr N Usman, WHO Consultant (Venereology), Chairman, Technical Resource Group (STD), NACO
4. Dr Bhushan Kumar Former Prof & HOD Derm & Venereology, PGIMER, Chandigarh
5. Dr K Pavithran, Prof Emeritus, Former Prof & HOD Derm & Venereology, Calicut Medical College & Sr Consultant, Derm & Venereology MIMS, Kozhikode
6. Dr Rachel Mathai, Former Prof & HOD Derm & Venereology, Christian Medical College, Vellore
7. Dr N Usman, WHO Consultant (Venereology), Chairman, Technical Resource Group (STD), NACO
8. Dr Bhushan Kumar Former Prof & HOD Derm & Venereology, PGIMER, Chandigarh
9. Dr PM Abdul Gafoor, Consultant Dermatologist, Indira Gandhi Co-op Hospital, Ernakulam
10. Dr K Mahadevan, Prof & HOD Venereology, Coimbatore Medical College Hospital, Coimbatore

11. Dr MS Sadeep, Prof & HOD, Derm& Venereology, Govt Medical College Hospital, Kottayam
12. DrLaxmi V Nair, Former Prof & HOD Derm& Venereology, Calicut Medical College, Professor & HOD (Derm& Venereology), KMCT Medical College, Kozhikode
13. DrSomesh Gupta Assoc Prof Derm& Venereology, AIIMS, New Delhi
14. Dr Susanne Pulimood Prof & HOD Derm& Venereology, Christian Medical College, Vellore
15. Dr Rajiv Sridharan – Prof & HOD Derm& Venereology, Academy of Medical Sciences, Pariyaram, Kannur
16. DrRema Devi TJ, Sr Consultant Derm& Venereology, KIMS Hospital & PRS Hospital, Trivandrum
17. Dr George Paul, HOD Geriatrics, AIMS, Ernakulam

Faculty List: Conference

1. Dr DM Vasudevan, Chairman, Medical Laboratory Services, AIMS, Ernakulam
2. Dr N Sudhaya Kumar, Prof Cardiology, AIMS, Ernakulam
3. DrMadhusudanan, Prof Neurology, AIMS, Ernakulam
4. Dr DG Saple, Prof Derm& Venereology, Director HIV Clinical Research Programme, Human Health Care & Research Foundation
5. DrJayadevBetkerur, Prof & HOD Derm& Venereology, JSS Medical College, Mysore
6. Dr R Sajith Kumar, Chief of Infectious Diseases, Govt Medical College Hospital, Kottayam
7. Dr DG Saple, Dr R Sajith Kumar, DrJayadevBetkerur, DrRadhakrishnan, Dr G Nandakumar
8. Dr P Elangovan, Prof & HOD Venereology, GovtRoyapettah Hospital, Kilpauk Medical College & Hospital, Chennai
9. DrKaushalVerma, Prof Derm& Venereology, AIIMS, New Delhi
10. Dr Sunil Sethi, Addl Prof Medical Microbiology, PGIMER, Chandigarh, Vice chairman, IUSTI Asia Pacific South Asia Subregion& Nodal officer, RNTCP Accredited Lab
11. Dr G Nandakumar, Addl Professor, Dept of Pathology, Govt Medical College, Trivandrum
12. Dr YS Marfatia – Prof & HOD Derm& Venereology, GMC and SSG Hospital, Vadodara
13. Dr Uma Dethan, Prof & HOD, Forensic Medicine, AIMS, Ernakulam
14. Dr JK Maniar- Consultant in HIV Medicine, Jaslok Hospital & Research Centre, Mumbai
15. Dr JK Maniar- Consultant in HIV Medicine, Jaslok Hospital & Research Centre, Mumbai
16. Dr OC Abraham – Prof Medicine, Christian Medical College, Vellore

Session Chairpersons List

1. Dr K Robins, Prof (Derm& Venereology), Academy of Medical Sciences, Pariyaram, Kannur
2. DrKunjamma George, Prof & HOD Medicine, SNIMS, Ernakulam
3. Dr S Murugan, Former Prof & HOD Venereology, Tirunelveli Medical College & GMKMC, Salem

4. Dr C Balachandran, Prof & HOD Derm& Venereology, KMC, Manipal
5. Dr Bhushan Kumar Former Prof & HOD Derm& Venereology, PGIMER, Chandigarh
6. Dr TLN Prasad, Technical Advisor, NACO
7. Dr K Shobanakumari, Prof Derm& Venereology, Govt Medical College Hospital, Kottayam
Dr Meera Bhagyanathan, Sr Consultant Derm& Venereology, Baby Memorial Hospital, Kozhikode
8. Dr Abdul Samad, Addl Prof Derm& Venereology, Govt Medical College, Trivandrum
9. Dr GC Rao, Founder Member & Hon. Treasurer, IASSTD & AIDS, Sr Consultant Venereologist, Chennai
10. Dr K Muhammad, Addl Prof Derm& Venereology, Calicut Medical College, Kozhikode
11. Dr VS Dorairaj, Former Director, Institute of Venereology & Dean, Muthukumaran Medical College, Chennai



Society of Periodontists and Implantologists of Kerala (SPIK)

INVITATION

**ORAL HYGIENE DAY
STATE LEVEL INAUGURATION**

Organised By : Academic Committee, SNIMS

Venue :

**SREE NARAYANA INSTITUTE OF
MEDICAL SCIENCES [SNIMS]
CHALAKKA, KOCHI**

Date :

AUGUST 2ND, 2012 AT 3.00 PM

Inauguration By :

**DR. K MOHAN DAS,
VICE CHANCELLOR,
KERALA UNIVERSITY OF HEALTH SCIENCES**

All are invited to bless the function

Workshop in Basic Biostatistics
2nd December, 2012
Venue: Sree Narayana Institute of Medical Sciences

Date	Time	Topic	Faculty
2:12:2012	9.00 – 10.30 AM	Basics of biostatistics, Types of variables, Confidence Interval, SD, SE ,Descriptive statistics	Mrs. Visali
	10.45 – 11:00 AM	Refreshment	
	11.00 – 12:30 PM	Sampling methods	Ms. Thenmozhi
	12:30 – 1:00 PM	Sample size calculation – basics, software demo	Mrs. Visali
	1:00 – 1:30 PM	Lunch	
	1:30 – 3.15 PM	Demo of common statistical software - demo on data entry, Data Manipulation	Ms. Thenmozhi
	3:15 – 3.30 PM	Refreshment	
	3:30 – 4.30 PM	Hypothesis testing :Comparison of means	Ms. Visali

Workshop in Basic biostatistics was conducted as a part of Research methodology course at Sree Narayana Institute of Medical Sciences on 2nd December 2012. There were 15 delegates participated in the workshop. The faculties were Mrs Visali and Ms Thenmozhi – Bisostatistians from Christian Medical College Vellore. They are very well known for conducting such workshops.

Programme Started at 9 .15 A.M. The first programme was on basics in biostatistics. Faculties discussed about descriptive statistics and inferential statistics. The importance and methodology of measures of central tendency (Mean, median and mode) and measures of dispersion were detailed. There were discussion on types of variables and confidence interval. Methods to determine standard deviation, Standard error and its need in research methodology were described. Formula for determining standard deviation and std error and the method acquire it in soft ware were taught.

Testing the hypothesis is in various study methods like case control, cohort etc.. were detailed by them. Importance of sample size and the method of calculation were explained. Lunch was served at 1.30 PM

Post lunch session was on demo on data entry .SPSS system was used for the demo purpose. How to enter in proper way was explained .Which were the common errors during data entry were cleared by them.

Refreshment was served at 3.15 PM

There was good interaction between the delegates and the faculty.

Workshop came to an end at 4.30 PM

Course evaluation form

Most delegates gave good to excellent ratings with respect to topics coverage, overall efficacy of the workshop.

The suggestion was the need for more such workshops in the future and personnel handling of SPSS systems.

Short report on the workshop on "Microteaching" held on 05/07/2012.

The program began at 3.00pm in the Hospital clinical Lecture Hall.

Prof. Dr. Raju Antony, HOD, Community Medicine & Coordinator, MET Unit welcomed the audience.

Principal and Officer in charge, MET unit Commodore Dr. M. J. John, gave the introductory remarks. He spoke on the importance of the workshop. He stressed the need for the teacher's training and requested the faculty to get involved in research activities and to publish papers.

Dr. Suchanda Sahu, HOD – Biochemistry, presented the details of Microteaching starting with the definition, meaning, methodology, advantages and skills practiced. She explained the procedure to conduct a microteaching session. There were 2 presentations planned to be conducted during the work shop.

The first presentation was by Dr. Seema L. Jawalekar, Assoc. Prof - Biochemistry, on "Obesity and its effects". 5 teachers from among the audience were given the feedback forms to fill up independently. They were:

Dr. Sumangala, Prof & HOD – Pathology

Dr. Ambika Bai, Prof & HOD – OBG

Dr. Indira, Prof & HOD – Pulmonology

Dr. Prasad, Prof & HOD – Surgery

Dr. Mary Franklin, Prof & HOD – Pediatrics

Dr. Seema L. Jawalekar presented the topic for 5 minutes using audio visual aids.

After the presentation Dr. Prasad gave a feedback regarding the speaker's positive and negative points.

The next presentation was by Dr. Raju Antony. He took class on effective communication for 5 minutes. Before presentation a few faculty members from among the audience were given the feedback forms for filling.

They were :

Dr.Dharmaratnam – Prof & HOD Dermatology

Dr.Anoop Sinha, Assoc. Prof &, Microbiology

Dr.Isaac, Asst Prof, Anesthesia

Dr.Asha Augusty., Asst Prof, Biochemistry.

Dr. Anoop summarized the feedback giving speaker's positive and negative points.

Medical Superintendent Dr. Satheesh G Prabhu gave the concluding remarks. He pointed out the importance of similar sessions in future to improve quality of teaching.

The participants requested for having a session on "role play" during one of the future sessions.

The workshop was attended by many faculty members from different departments.

The session ended with vote of thanks by Dr. Raju Antony.

Report of the Workshop on Practical Training in Community Medicine for Under Graduate Medical students conducted at SNIMS on 23-04-2012.

The workshop was organized with an idea to get consensus on uniform pattern of training methodologies and conduct of examination for undergraduate Medical students in Community Medicine. The programme was organized and conducted by the joint venture of the Department of Community Medicine, SNIMS and Indian Public Health Association, Kerala Branch. Information was given to the Principals and Head of the Departments of Community Medicine in all the 22 Medical Colleges in the state. Prior sanction was obtained from the Director of Medical Education, Kerala and communicated to all Medical Colleges. The information was also given to Registrar and Assistant Registrar (Academic) of Kerala University of Health Sciences. Representatives from 13 Medical colleges participated in the workshop. Other Medical Colleges could not participate due to MCI inspection / University Inspection / HS strike.

The programme started at the council hall of SNIMS with prayer. After a brief introduction by Dr. Raju Antony, HOD Community Medicine, SNIMS ~~Commander~~ **Dr. M.J. John**, Principal, SNIMS addressed the gathering. He emphasized the need for uniformity in training of Medical students not only in Community Medicine but also in other subjects. **Dr. K.V. Beena**, DPM, NRHM of Ernakulam Dist inaugurated the workshop by lighting the traditional lamp. She stated that the NRHM is actively involved in many public health programmes and in coordinating National Health Programmes through both Government and Private health sectors. She expressed her desire to work in tandem and help medical colleges to train the medical students in primary health care. In his felicitation, **Dr. P.J. Vincent**, Medical Superintendent appreciated the efforts taken by the Department of Community Medicine in organizing the workshop. Dr. Saritha Susan Varghese, Asst. Professor in Community Medicine proposed the vote of thanks.

INTRODUCTORY SESSION

The first presentation was by **Dr. Indira Murali**, Professor and HOD of Co-operative Medical College, Kochi. She highlighted the different aspects of practical

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20/04/12*

training in Community Medicine and urged the participants to develop a uniform pattern of practical training. She expressed her concern about frequent changes in the curriculum by KUHS. She was of the opinion that it will be useful to have Minimum essential standards for contents and methodologies for theory and practical training and this can avoid disparities among medical colleges.

FIRST SESSION

This session was chaired by **Dr. Vandana Khanolkar**, HOD of Community Medicine, Azeezia Medical College, Kollam. **Dr. Rini Ravindran**, Assistant Professor, Thrissur Medical College presented the topic – Practical sessions on Water, Nutrition and Entomology. The recommendations were to give training in OSPE, to update the spotters and to give exercises in Water quality assessment.

During discussion, some of the faculty members opined that question bank could be set for Practical Examination and be shared by different Colleges. To facilitate this a website for Community Medicine could be created.

SECOND SESSION

This session was chaired by **Dr. Tharian Tharian**, PIMS, Thiruvalla. **Dr. Saritha Susan Verghese** Assistant Professor, SNIMS presented the topic on visit to institutions. This can be arranged according to the local situations and feasibility. During discussion some of the faculty members raised the difficulties faced by them to visit the government institutions.

THIRD SESSION

This session was chaired by **Dr. E.R. Indira Devi**, HOD. Dept. Community Medicine, Pushpagiri Medical College, Thiruvalla. **Dr. C.R. Saju**, Associate Professor, Amala Medical College, Thrissur presented the topic – Epidemiological exercises and Research Methodology. He explained the need and possibility of practical training in epidemiological exercises and research methodology.

FOURTH SESSION

This session was chaired by **Dr. Indira Murali and Dr. V.D. Manjula**, Professor, Community Medicine, Medical College, Kottayam, presented the topic – Training on Clinico Social Case Studies and First Aid. She opined that mannequins will be of great help in training students in CPR. Some topics on First Aid can be used for OSPE eg; Using triangular bandage for a suspected fracture of forearm and how to tie a reef knot. During the discussion, questions were raised on whether real life cases in the wards could be utilized for practical examination. But majority of the faculty members expressed their concern over using real cases for examination due to the time and manpower shortage.

FIFTH SESSION

This session was chaired by **Dr. Jeeshha C Haran** and the topic – community based teaching was presented by **Dr. Sairu Philip**, Addl.Professor, TD Medical College, Alapuzha. She gave a detailed account of community based learning presently going on in different Medical colleges. She gave an example of project on Pain & Palliative care.

Group Work

After this participants were divided into 4 groups and each group was given topics for discussion. Groups were asked to identify topics given to them as Should be included / Compulsory, Useful / Maybe included, Useful / Can be included if Time permits, Need not be Included. A Performa was given for their use to be returned after discussion and presentation.

In the presentation of group work representative from each group presented their opinion and it was discussed by all in detail and modifications were made after getting consensus. This session was chaired by **Dr.Sbobha.A.** HOD Community Medicine TD Medical College, Alapuzha and **Dr. Deepak**, from Karuna Medical College.

Remarks by the groups are attached page No. 5, 6, 7, 8

In the concluding session the organizers thanked profusely the chairpersons, presenters and participants. Many were of the opinion that more sessions of this will help remodeling the curriculum to have uniformity in practical training. It will be better if these sessions are organized by KUHS in future.

The First All Kerala Community Medicine Quiz programme

The First All Kerala Community Medicine Quiz programme on the topic of 'Millennium development goals' and UNICEF's report – 'State of the Children 2012' was conducted on the same day at SNIMS. 8 teams from different medical colleges participated. After the screening (MCQ examination) in the forenoon 4 finalists were selected. The quiz programme was conducted in the afternoon. **Dr. Joe Thomas** Associate Professor in Community Medicine SNIMS was the quiz master. Faculty members from most departments and students attended the programme. The team from Medical College Thrissur won the First prize. Second and third prizes were awarded to Azzezia Medical College, Kollam and Amala Medical College, Thrissur respectively. A cash prize of Rs 5000, 3000, 1000, merit certificates and memento were given to the winners.

We extend our sincere gratitude to **Dr.K Sasidharan** Dy Medical Superintendent, SNIMS, **Dr.Madhu**, Chaithanya Hospital, N.Paravur, **Dr.V.K.Thambi**, Navabharat Medical Centre, Munambam for the sponsoring the cash prizes for the winners.


Dr. Joe Thomas,

(Secretary, Organizing Committee)

SNIMS

Suggestion / Remarks by different groups

GROUP - I						
SNo:	Topic	Should be included / Compulsory	Useful / Maybe included	Useful / Can be included if Time permits	Need not be Included	
1	Visit to community and families	✓				
2	Identify a community Health Problem	✓				
3	Community living programmes		✓			
4	Family studies – Community diagnosis	✓				
5	Innovative community based problem solving exercises		✓			
6	Community interaction, identification and solving community health problems with community participation		✓			
7	BCC(IEC) Strategies- individual & group assignments	✓				
8	Participation in health related activities in the community		✓			
9	Nutrition skills – Diet survey, balanced diet, Nutritional requirements, RDA, Nutritional disorders, Community Nutrition programme	✓				
10	Participatory techniques in health			✓		
11	Art of Interviewing	✓				
12	Entomology including field assignments – vector survey / control measures	Entomology	Vector Survey / Control Measures			

GROUP - II					
SNo:	Topic	Should be included / Compulsory	Useful / Maybe included	Useful / Can be included if Time permits	Need not be Included
1	Visit to support and auxiliary health facilities		✓		
2	Visit to public health institutions		✓		
3	Visit to social welfare organizations		✓		
4	Implementation of National Health Programmes through CHC/ PHC and sub centre visits	✓			
5	Visits to institutions of medico social importance				
	Pain & palliative care centre		✓		
	Vocational Rehabilitation Centre		✓		
	Water works	✓			
	Anganwadi	✓			
	Analyst lab				✓
	De addiction centre		✓		
	Food inspector's Office etc		✓		
	Waste management		✓		
	Mental Health rehabilitation		✓		
	Hospital Medical Record Section	✓			

GROUP - III					
SNo:	Topic	Should be included / Compulsory	Useful / Maybe included	Useful / Can be included if Time permits	Need not be Included
1	Immunization agents & Immunity- Vaccines, Cold Chain	✓			
2	Hazards of immunization including adverse event reporting		✓		
3	Family Planning methods	✓			
4	Growth Charts	✓			
5	Sanitary well, well Chlorination Procedure	✓			
6	Purification of water – large and small scale	✓			
7	Water Quality Standards and surveillance	✓			
8	Sanitary Survey		✓		
9	Food Hygiene & PFA act		✓		
10	Research methodologies – Participation in workshop & Project work, computer skills	✓			
11	Fertility related statistics	✓			

GROUP - IV						
SNo:	Topic	Should be included / Compulsory	Useful / Maybe included	Useful / Can be included if Time permits	Need not be Included	Remarks
1	Hands-on exercise on first aid	✓				First Semester onwards sensitize the students to OSPE
2	Basic clinical skills training- history taking skills	✓				
3	Review of museum specimens, poster presentations	✓				Update it regularly
4	Balanced diet and therapeutic diet	✓				
5	Universal Precautions & Safe Injection Practices	✓				Clinical skills training
6	Health Care Waste Management	✓				
7	Health Planning & Management exercises		✓			Involvement with SHGs
8	Disinfection		✓			
9	Biostatistics-hands-on exercises-central tendencies / dispersion / sampling / hypothesis / significance tests	✓				Correlate with research projects done
10	Epidemiological exercises – Mortality, Morbidity, Risk/ Screening, including study designs and standardization	✓				
11	Review of current health issues & policies		✓			With help from Government and NGOs for interns

Short report on the observation of National Education Day -2012

National Education Day was observed at SNIMS on 10th & 12th November 2012.

Essay competition for students of 2010 batch was conducted on 10th November 2012. 55 students participated in the competition. Topic given was **“How the Medical Education in India can be remodeled, so that the Health care will be accessible, acceptable and affordable to the whole population”**.



First prize won by Ms. Devi.B, 2010 batch and second prize won by Aiswarya Lakshmi. V of 2010 batch.

Prizes were distributed by the Principal on 12th November.



A function was organized on 10th afternoon to observe National Education Day.

Function started with prayer by Ms. Neeraja Suresh. Ms. Tiji Thankachan welcomed the gathering. Mr. Yadu Krishnan explained about importance of national education day.

**REPORT OF THE NATIONAL SEMINAR ON LIFE STYLE DISEASES AND EMERGING ISSUES
CONDUCTED ON 16th & 17th AUGUST 2012 AT MORNINGSTAR HOME SCIENCE COLLEGE,
ANGAMALY**

In collaboration with our College, a national seminar was organized by the Department of Zoology, Morning Star Home Science College, Angamaly on 16th & 17th August 2012.



The programme is given below.

16-08-2012 THURSDAY

9.30 AM

REGISTRATION

10.00 AM

INAUGURAL SESSION



PRAYER

WELCOME

PRESIDENTIAL ADDRESS

INAUGURATION &

INAUGURAL ADDRESS

*Dr. TOMY PAUL KALAPARAMBATH M.D
ASSISTANT CLINICAL PROFESSOR RADIOLOGY
MITCHIGAN STATE UNIVERSITY*

KEY NOTE ADDRESS

*Prof. Dr. RAJU ANTONY . M.D, FISCD, FIPHA, DHA
HOD, COMMUNITY MEDICINE, SREE NARAYANA INSTITUTE OF MEDICAL SCIENCE S,
CHALAKKA*



FELICITATIONS

:

VOTE OF THANKS

10.045AM

TEA BREAK



11.00 AM

SESSION 1

Life style and cancer

Dr.TOMY PAUL KALAPARAMBATH M.D

ASSISTANT CLINICAL PROFESSOR RADIOLOGY

MITCHIGAN STATE UNIVERSITY

12.00 AM

SESSION 11

Life style and diseases

Prof. Dr. Raju Antony, M.D, FISCD, FIPHA, DHA

HOD, COMMUNITY MEDICINE, SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES,
CHALAKKA

1.00 PM.

LUNCH BREAK

1.45 PM

SESSION 111 – Life style factors in Diabetes Mellitus & its Control

Dr. Joe Thomas. M.D.,

Associate Professor, SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES, CHALAKKA



2.30 PM

TEA BREAK

2.45 PM

SESSION 1V – Life style factors causing Obesity & its Control

Dr. Sheeba Vargese. MSc, PhD

Assistant Professor, SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES, CHALAKKA



3.30PM

SESSION V –PAPER PRESENTATION

17-08-2012 FRIDAY

9.30 AM

SESSION VI - Life style factors causing Hyperlipidaemia & its Control

Prof. Dr. Suchanda Sahu. M.D, HOD, Biochemistry
SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES, CHALAKKA



10.30 AM

TEA BREAK

10.45 AM

SESSION VII – Healthy life style for healthy individual, family and community

Dr. P. Gopalakrishnan, PhD, MPH
Associate Professor, SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES, CHALAKKA



11.45 AM

SESSION VIII – PAPER PRESENTATION

(3 Students from SNIMS presented the papers.)

Ms. LINTU.C, VIth SEMESTER MBBS STUDENT.

Ms. TINU MARY JOSEPH, VIth SEMESTER MBBS STUDENT.

Ms. AMALA JOSE, VIth SEMESTER MBBS STUDENT.

12.45 AM

LUNCH BREAK

1.30 PM

SESSION IX

Life style factors in Coronary artery disease and Hypertension

Dr. JAIDEEP.C.MENON. M.D, D.M, CARDIOLOGIST

2.30 PM

TEA BREAK

3.00 PM

VALEDICTORY SESSION

VALEDICTORY ADDRESS

Dr. JAIDEEP.C.MENON. M.D, D.M, CARDIOLOGIST



Certificates to the Students, Ms. LINTU.C, Ms. TINU MARY JOSEPH, Ms. AMALA JOSE, VIth SEMESTER MBBS STUDENTS from SNIMS were distributed by **Principal Commodore Dr. M.J. John.**



From

Prof. Dr. Raju Antony

HOD, Community Medicine

Sree Narayana Institute of Medical Sciences

Department of Community Medicine

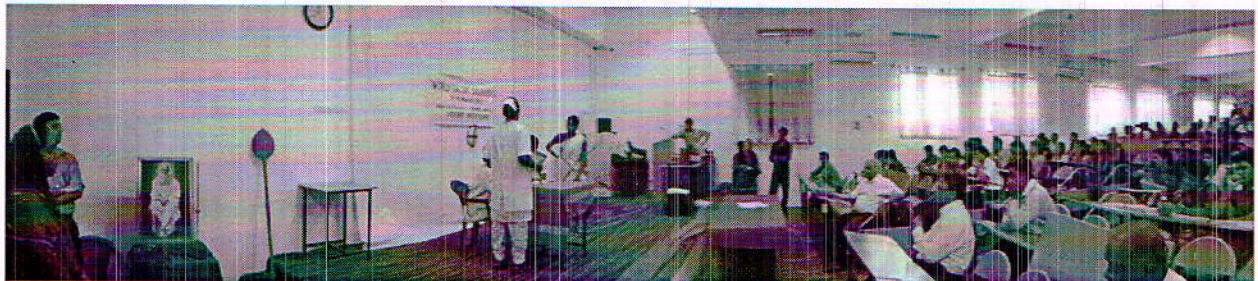
WORLD TB DAY OBSERVATION 24th MARCH 2012

24th March is observed as World Tuberculosis Day in commemoration of the discovery of Tubercle bacilli by Robert Koch in 24th March 1882.

Tuberculosis is still a major public health problem in many of the developing countries including India. 20% of the global burden of T.B is in India. DOTS strategy in RNTCP is a promise in the treatment of tuberculosis.

If a pulmonary tuberculosis patient is left untreated in the community for one year, another 10-15 cases will be produced within that period. Hence the effective control of TB can be achieved only by complete treatment of the cases in the community.

As a part of observation of World T.B Day, Department of Community Medicine, Sree Narayana Institute of Medical Sciences jointly with IMA North Paravur branch organized and conducted public meetings, health education program in the community and in the college and Quiz programme for Medical Students on 24th March 2012.



In the forenoon session on 24th March, we have arranged a public meeting along with health education program on TB and its control in the Auditorium of Pallipuram Service Co-operative bank. This program was jointly arranged by the Dept. of Community Medicine, RHTC Munambam, IMA North Paravur branch and Service Co-operative bank, Pallipuram.



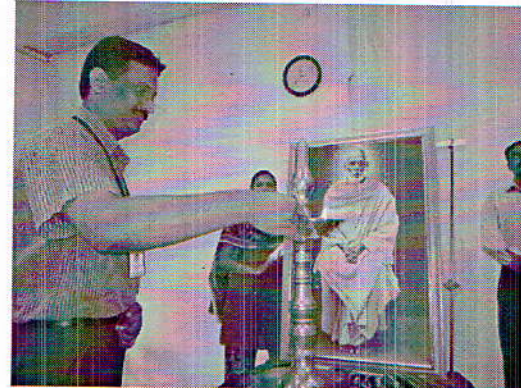
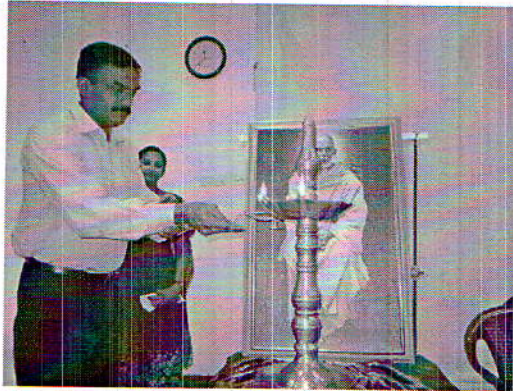
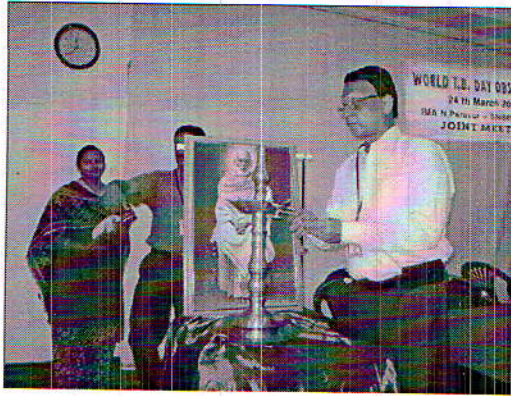
Prof. Dr. Raju Antony, HOD, Dr.Saritha Susan Varghese (Assist. Professor), Dr.Jaison Sam(Tutor), Mr.Satheesh Chandran Nair (H.I.) and Mrs. Asha Krishnakumar have participated from the college.



The medical students posted in the Dept. of Community Medicine were trained and they have conducted a role play about TB & its control. Dr. Thampy, Medical officer RHTC Munambam coordinated the program.

A Quiz programme on RNTCP was organized for First year students. Students were divided into 4 groups. Dr. Ram Gopal was the quiz master. Dr. Joe Thomas (Associate Professor), Dr. Krishnakumar, Mrs. Soubhya, Mr. Sanu and other members from the Department of the Community Medicine actively participated in the organization and conduct of the programme.

A meeting was also arranged in the college lecture hall at 12 noon.



Dr M. J. John Principal presided. Dr.Vincent Medical supt. senior teachers, other faculty members, staff and students participated. Dr. Joe Thomas Associate Professor, Community Medicine co-ordinate the programme. The Principal inaugurated the function by lighting traditional lamp.

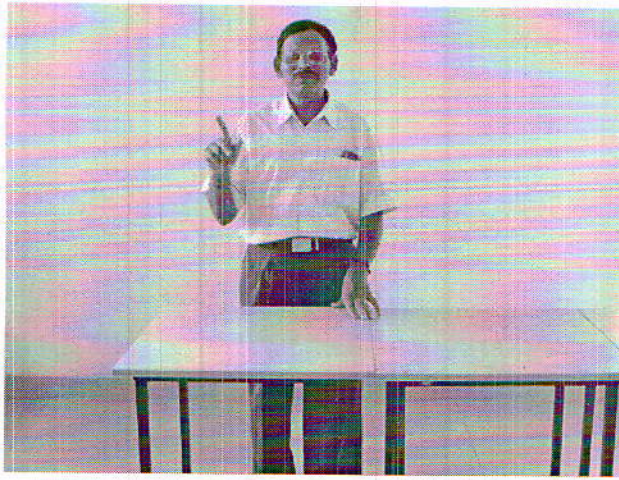


Apart from the speeches by various teachers, the students have conducted role play on TB and its control which was appreciated by all.





In the state level function of the world TB day conducted by the State Health Services department in Maharaja's college auditorium, Ernakulam on 24th March Dr. P. Gopalakrishnan, Associate Professor conducted a class on "effectiveness of DOTS in TB control" in continuation to the inauguration .



SHORT REPORT OF THE OBSERVATION OF WORLD PSYCHIATRY WEEK AT SNIMS

World Psychiatry week was observed jointly with Department of **Psychiatry** & Department of **Community Medicine**, SNIMS.

On Thursday 18th October 2012 function was organized to observe World Psychiatry Week at lecture hall No. 3 of SNIMS.

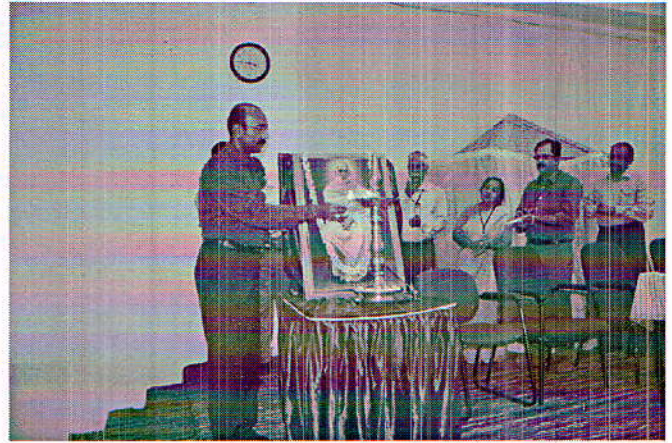
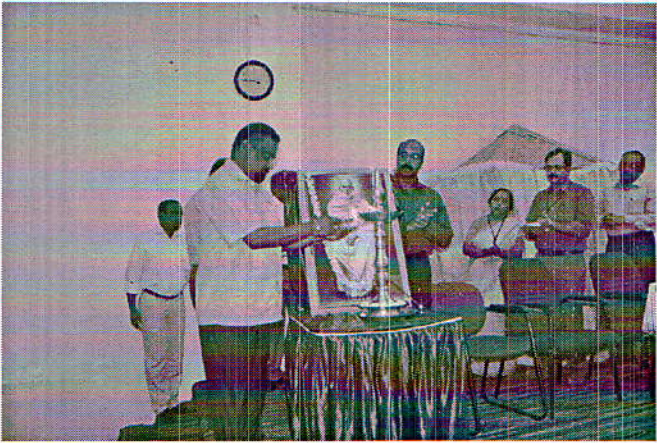
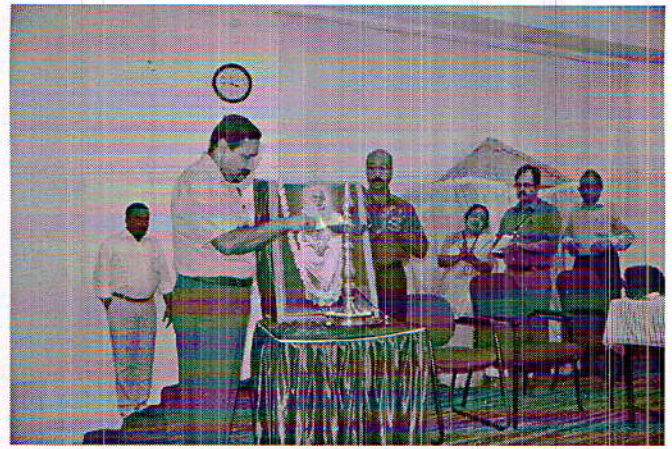
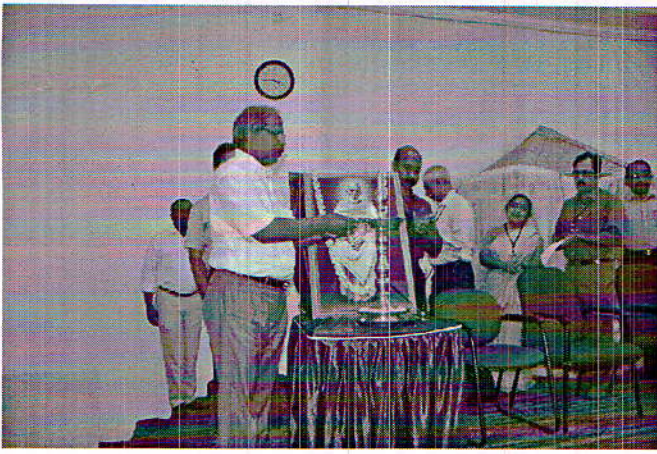
After the prayer by the students, Dr. Raju Antony, Vice Principal welcomed the gathering.



This was followed by formal introduction of the speaker Dr. Anoop Vincent, Asst. Professor; Dept. of Psychiatry by Dr. Jose Thomas, Dept. of Peadiatrics. Dr. Anoop Vincent gave a detailed presentation on the theme **“Depression: A Global Crisis”**.



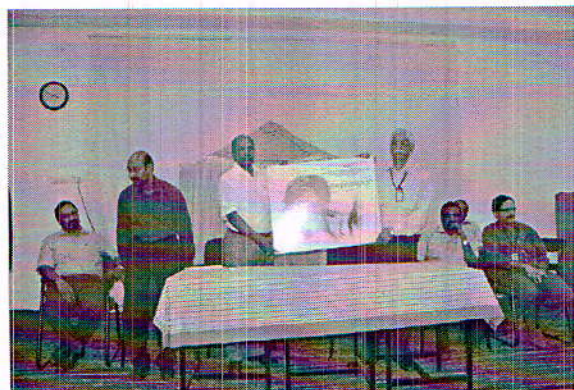
Formal inauguration was done by lighting the lamp by all the dignitaries including Mr. K.D. Venugopal, Secretary, GCT, Mr. S. Jayakumar, Vice President, GCT, Mr. Suresh Bharathan, Joint Secretary, GCT, and Mr. P.B. Pradeepkumar, Treasurer, GCT.



Mr. K.D. Venugopal, Secretary gave an inspiring message. Mr. S. Jayakumar, Vice President, GCT also gave a short message.



Mr. K.D. Venugopal, Secretary handed over the theme message to Dr. Raju Antony.



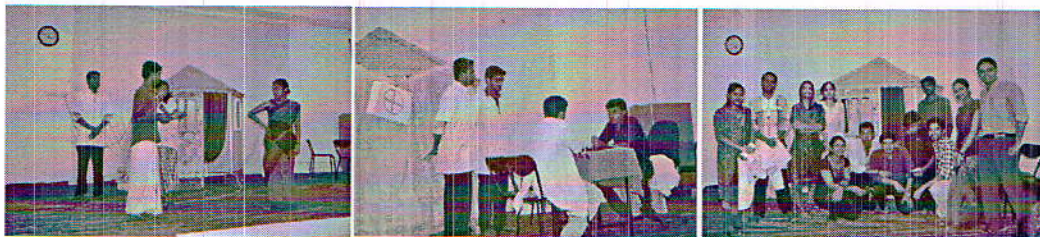
Dr. Sathessh G Prabhu, Medical Supt. and Dr. Prabhakaran Nair, Medical Supt., Clinical, felicitated.



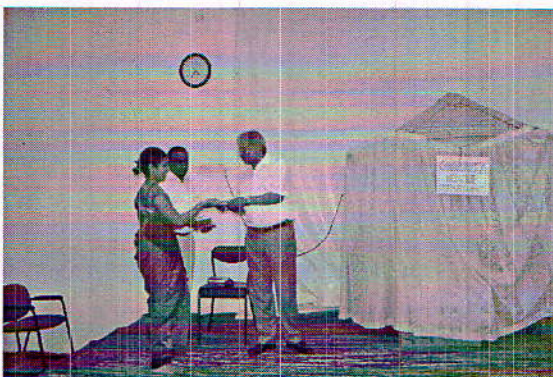
Dr. Madhavi Ramachndran, Vice Principal proposed vote of thanks.



Then there was a role play on Mental Health Awareness by 2010 Batch Students.



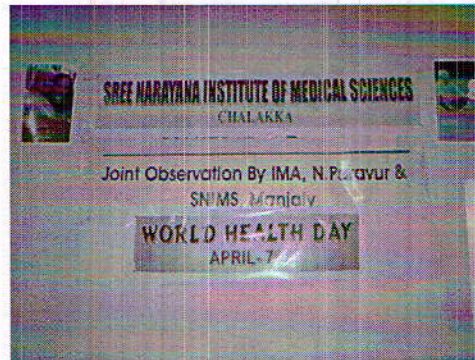
After the role play Secretary Mr. K. D. Venugopal distributed prizes to the participants of the role play.



Prof. Dr. Raju Antony
Vice Principal & HOD, Community Medicine, SNIMS

WORLD HEALTH DAY- April 7th 2012 CELEBRATION – SNIMS

JOINT VENTURE WITH IMA – NORTH PARAVUR BRANCH



The theme of the World Health Day – 2012 is “Good health adds life to years” related to AGEING AND HEALTH.

We celebrated 3 phases.

FIRST

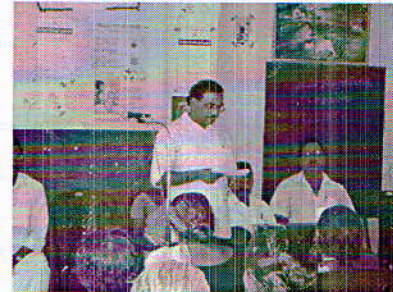
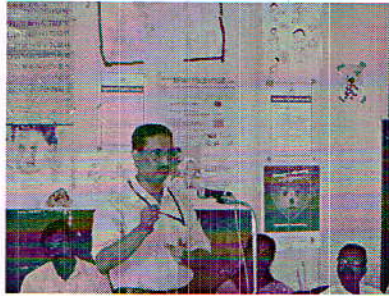
Medical checkup and drug distribution to the inmates of the Old age home, Nirjala Bhavan, Karumaloor



SECOND

Medical camp for the aged at RHTC – Munambam jointly with IMA, North Paravur Branch and Pulari Vayojana Club, Munambam organized at Manju Matha Anganwadi Centre.





92 senior citizens participated in the programme. Inaugural function was presided by Ms. Sreemathi Vijayan, Member ward No.22. Sri C. H. Ali, Vice President, Pallipuram Panchayath inaugurated the function. Dr. P. Gopalakrishnan, Associated Professor and Joe Thomas, Associated Professor led the awareness programme. Dr. Saritha Susan, Dr. Jaison Sam, Dr. Krishna Kumar, Mr. Stheshh Chandran and Mrs. Sreedevi from SNIMS participated in the programme.



A medical camp was conducted for the participants and distributed essential drugs. Dr. V.K. Thampi was the coordinator for the programme. The Medical students from SNIMS actively participated in the programme and they conducted some variety entertainments for the participants.



THIRD

World health day celebration was organized at the College at 11.00 am at lecture hall No.3. Principal Dr. M.J. John presided and inaugurated the function. Medical Supt. Dr. P.J. Vincent gave the Keynote address. Dr. N. Madhu gave the World Health day message. Dr. Raju Antony extended welcome the gathering. Dr. K. Sasidharan (Dy. MS) felicitated the gathering. Mr. Ajith Kumar, Manager (Training) proposed vote of thanks. Prayer was by first year Medical students. Dr. K. Sasidharan presented a cheque to Principal towards prizes for the forthcoming All Kerala Quiz Competition for Medical Students.



Faculty members and students, SNIMS participated in the programme.



OBSERVATION OF WORLD ALZHEIMERS DAY 21-9-2012 AT SNIMS

A SHORT REPORT

During the next 20 years, the number of elderly is going to double which would make India the country with the largest number of elderly in the world. In this context, the medical problems of a large group of elderly would create a public health problem in the country.

There are about 3.7 crore people affected by Alzheimer's disease in India. Since age is the single most risk factor of the disease and when we have a segment of growing people above 80 years a special health care and nutrition programme is necessary, especially when conditions like Alzheimer's disease is on the rise. The prevalence of the disease [in India] is said to be one in 20 for people over 60 years, and one in 5 for people over 80 years.



The departments of Community Medicine and Psychiatry jointly observed the **World Alzheimer's day** on 20th September 2012 at SNIMS.

As a part of the programme a health check up was organized by the Department of Community Medicine for the inmates of an Old age home at Karumallor.



An official function was organized to observe the World Alzheimer's day at our college. After the prayers by the students, Dr Saritha Susan Vargese welcomed the gathering.



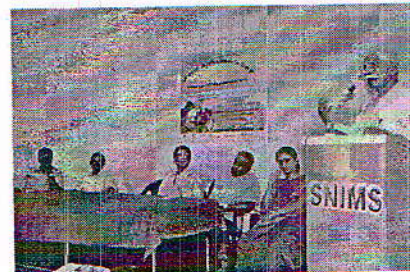
Principal Commodore Dr M J John gave the presidential address and inaugurated the function. In his address he stressed the importance of care for the aged and the importance for training for care givers. He informed the students that the present need is to improve training in the early detection of old age problems and care of the aged.



Dr Anoop Vincent in his key note address gave several examples of situations of Alzheimers disease happening in homes and difficulties face by the diseased and family .There are several training programmes going on to train the care givers which would help provide better care of those who suffer from Alzheimers and related disease.



The community aspects were highlighted by Dr P Gopalakrishan and Prof Dr Raju Antony gave felicitations.



There was a video presentation on the topic. The students felt that there was a definite change in their attitude towards aged and this could bring down the stigma and discrimination in them towards those who are suffering from Dementia. They expressed their heartfelt feelings.

Dr Joe Thomas proposed vote of thanks.



Students actively participated in organizing and conducting the function and master of ceremony were from among the students



HOD, Community Medicine, SNIMS

OBSERVATION OF ANTI-LEPROSY WEEK 30.01.2012 to 05.02.2012

Sree Narayana Institute of Medical Sciences and IMA, N. Paravur branch

Anti – Leprosy week was observed in a befitting manner by SNIMS and IMA, N.Paravur branch. Inauguration was conducted on 30.01.2012 at IMA hall, North Paravur. Dr. Radhakrishnan, State Vice president IMA mid zone was the Chief Guest. Dr. Raju Antony, Professor & Head, Department of Community Medicine, SNIMS spoke on Leprosy - latest trends. Members of IMA and SNIMS actively participated in the discussion.

On 01-02-2012, morning an orientation programme was arranged to remove stigma and discrimination in Leprosy at AISUPS, Manjali. Students and teachers from the school attended the programme. Dr. P. Gopalakrishnan, Asst. Professor, Department of Community Medicine, SNIMS lead the discussion.

On 01-02-2012 afternoon classes arranged to discuss detail regarding spread of Leprosy, removal of stigma and discrimination in Leprosy for the Community at Munambam, our rural field practice area. Dr. Thambi, Dr. P. Gopalakrishnan, Mr. Satheesh Chandran Nair (HI), Department of Community Medicine, SNIMS participated in the discussion.

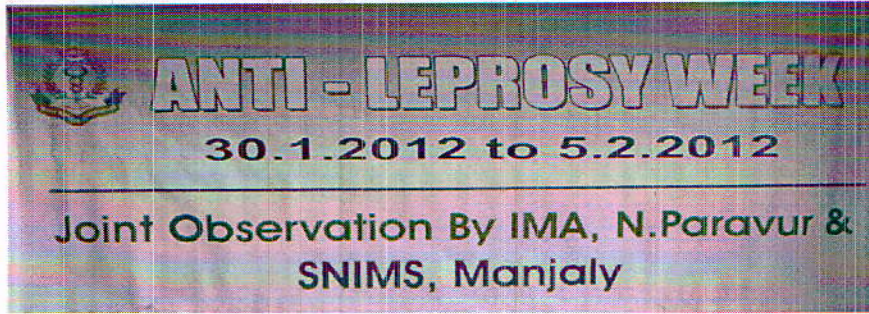
On 02.02.2012 the topic for the clinical discussion for our faculty members at SNIMS was Leprosy prevention. Many faculty members and others actively participated in the discussion and attended the class. Dr. Dharmarathnam, HOD, Department of Dermatology, SNIMS, lead the discussion.

On 03.02.2012 classes on Prevention of stigma and discrimination in Leprosy was arranged at St. Antony's LP School, Ayiroor for students and teachers. Classes were lead by Dr. P. Gopalakrishnan, Mr. Satheesh Chndran (HI) and Mr. Sanu. K. S(JHI), Department of Community Medicine, SNIMS.

On 04-02-2012 class on prevention, control and elimination of Leprosy was taken at SNIMS by Dr. Joe Thomas, Associate Professor, Department of Community Medicine, SNIMS for our medical students. Students actively participated in the discussion.

A role play was organizes by our Medical Students on Anti- Leprosy day observation at the Department of Community Medicine, SNIMS. Many students and faculty members attended the programme.

OBSERVATION OF ANTI - LEPROSY WEEK



INAUGURATION – 30-01-2012 at IMA Hall Paravur.



CLASS ON REMOVAL OF STIGMA AND DISCRIMINATION IN LEPROSY – 01-02-2012 (MORNING) A.I.S.U.P.S. MANJALI



Dr. P. GOPALAKRISHNAN - SNIMS TAKING CLASSES



CLASS ON LEPROSY – 01-02-2012 (AFTERNOON) MUNAMBAM



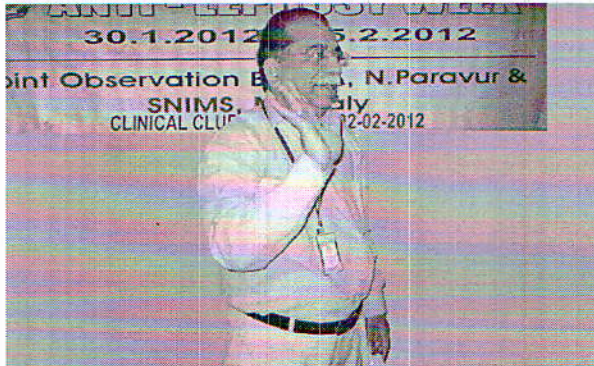
Dr. P. GOPALAKRISHNAN & Dr. THAMBI



Mr. SATHEESH CHANDRAN NAIR



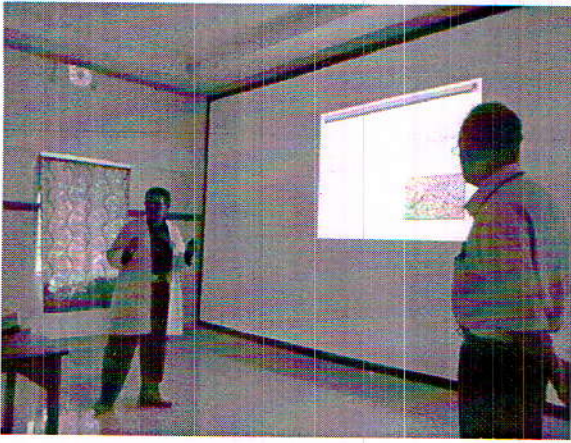
CLINICAL CLUB – TOPIC LEPROSY FOR FACULTY MEMBERS - SNIMS. Dr. DHARMARETHNAM, HOD, Dept. of DERMATOLOGY ADDRESS THE GATHERING. 02-02-2012 THURSDAY



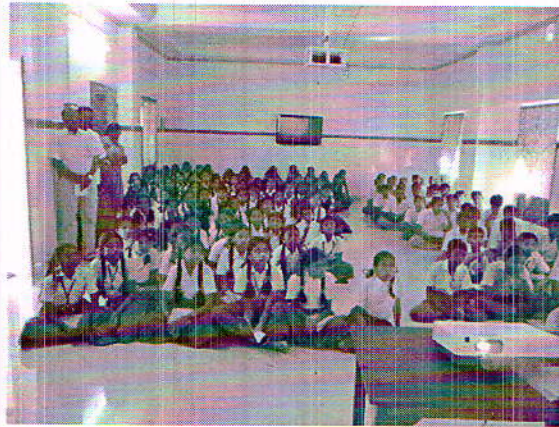
Dr. DHARMARETHNAM



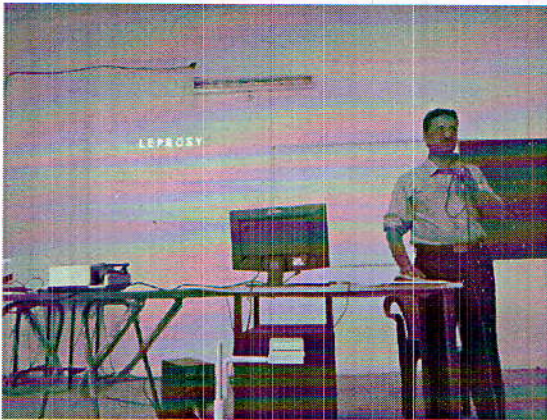
CLASSES ON LEPROSY FOR SCHOOL CHILDREN AND TEACHERS. St. ANTONY'S L.P.S – AYIROOR ON 03-02-2012



Dr. P. GOPALAKRISHNAN -SNIMS



CLASSES FOR MEDICAL STUDENTS – SNIMS ON LEPROSY ON 04-02-2012



Dr. JOE THOMAS (Associate Professor)



ROLE PLAY CONDUCTED BY MEDICAL COLLEGE STUDENTS – LEPROSY DAY OBSERVATION

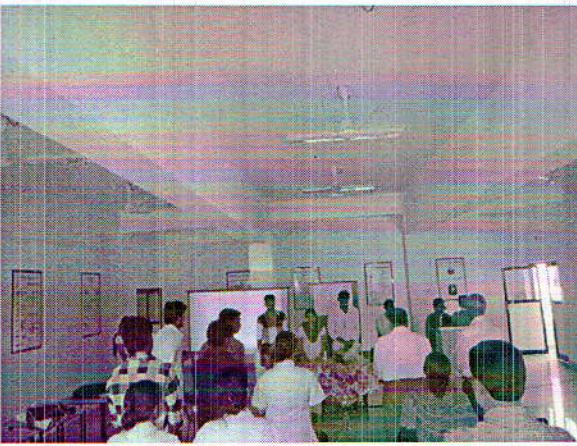
DEPARTMENT OF COMMUNITY MEDICINE - SNIMS



Prof. Dr. OMPRAKASH AGRAWAL & Dr. JOE THOMAS



Prof. Dr. RAJU ANTONY



NATIONAL SEMINAR
ON

LIFESTYLE DISEASES – AN EMERGING ISSUE

16th & 17th AUGUST 2012



Organized by

DEPARTMENT OF ZOOLOGY

MORNING STAR HOME SCIENCE COLLEGE

(Affiliated to Mahatma Gandhi University, Kottayam
& Re-accredited with B Grade by NAAC)

Angamaly south - 683573, Ernakulum District, Kerala

Tel : 0484 2452338

E mail : morningstarangamaly@yahoo.in

www.morningstarhomescience.org

In collaboration with

SREE NARAYANA INSTITUTE OF MEDICAL SCIENCES

CHALAKA, KUTHIYATHODU P.O.

Sponsored by

UNIVERSITY GRANTS COMMISSION

17.08.2012 FRIDAY

SESSION VI

- 9.30 am : Life style factors causing hyperlipidemia & its control
Prof. Dr. Suchanda Sahu M.D,HOD, Biochemistry
Sree Narayana Institute of Medical Sciences,Chalakka.
- 10.30 am : Tea break

SESSION VII

- 10.45 am : Healthy life style for healthy individual, family and community
Dr. P. Gopalakrishnan Ph.D., MPH; Associate Professor, Community Medicine. Sree Narayana Institute of Medical Sciences, Chalakka.

SESSION VIII

- 11.45 am : Paper Presentation
12.45 pm : Lunch break

SESSION IX

- 1.30 pm : Life style factors in coronary artery disease and hypertension
Dr. Jaideep.C.Menon M.D; D.M; Cardiologist, Assistant Professor, Sree Narayana Institute of Medical Sciences, Chalakka.
- 2.30 pm : Tea break

SESSION X

- 3.00 pm : Valedictory Function
Welcome : Sr. Naveena CSN
Valedictory address : Dr. Jaideep.C.Menon M.D, D.M,
Feed back :
Distribution of certificates :
Vote of thanks : Ms. Sajna T.K.

Organizing Committee

Manager	- Rev. Mother Gladys CSN	Joint Convenors -
Education councillor	- Rev. Sr. Pushpa CSN	Rev. Sr. Naveena CSN
Principal	- Rev. Dr. Sr. Alphonsa M.K. CSN	Ms. Rakhi A.S.
Co-ordinator	- Ms. Marykutty Joseph	Ms. Sajna T.K.
Convenors	- Ms. Usha K.R.	Ms. Jerry Thomas
	- Ms. K. Leena Joseph	

SHORT REPORT OF THE CLASSES TAKEN FOR JUNIOR RED CROSS VOLUNTEERS

On Saturday 27th October 2012 function was organized Indian Red Cross Society, Paravur Taluk branch at Sree Narayana Higher Secondary School, Pullamkulam, North Paravur.

Prof. Dr. Raju Antony took a session on Life Skills from 11.30 am to 12.30 pm and Dr. P. Gopalakrishnan took a session on Life Style Diseases from 12.30 pm to 1.30 pm.



Prof. Dr. Raju Antony
Vice Principal & HOD, Community Medicine, SNIMS

WORLD BREAST FEEDING WEEK 1st August to 7th August 2012

Joint Venture- Dept. of Pediatrics & Dept. of Community Medicine

Sree Narayana Institute of Medical Sciences

Proposed Programme

<u>Day</u>	<u>Date</u>	<u>Programme</u>
Wednesday	01-08-2012	Poster competition for Medical students, SNIMS
Thursday	02-08-2012	Meeting of faculty members. Messages from Principal, Medical Supt. and HOD, Pediatrics
Friday	03-08-2012	Health education classes for the school teachers, Elanthikara Poster competition for Nursing staff, SNIMS
Saturday	04-08-2012	Class for Students on the importance of breastfeeding, SNIMS
Sunday	05-08-2012	Health Education classes for patients and relatives in the Dept. of Pediatrics and OBG by staff nurses, SNIMS
Monday	06-08-2012	Health education classes for the school children on the importance of Breast feeding, Elanthikara
Tuesday	07-08-2012	Health education classes for patients patients by Staff nurses, SNIMS Classes in the community on the importance of Breastfeeding by Medical Students, SNIMS Concluding session, meeting and role-play by Medical students, SNIMS

✓ for approval by Principal.